



## **Placenta Encapsulation Agreement** **Danellia Arechiga DBA Ma Mi Amor Birth**

Placenta encapsulation is the practice of ingesting the placenta after it has been steamed, dehydrated, ground, and placed into gelatin or vegetable capsules. The purpose of Placentophagy is to reintroduce the beneficial vitamins, minerals, hormones, proteins, and other nutrients to the birthing person's body following birth. Placentophagy has been known to help restore a more balanced body functions, prevent "baby-blues" and the more serious postpartum depression, increase breast-milk production, shorten postpartum healing time, increase maternal energy levels, and provide an overall feeling of wellness.

### Placenta Pick-up

I, Danellia Arechiga (or a designated colleague), will pick up the placenta at the agreed upon time and place once I am notified that the placenta is ready for pick-up. Since I am also a full-time birth doula, in the event that I cannot pick up the placenta at the agreed upon time and place due to a birth, I will let the client know and provide instructions on how to store placenta until I can pick it up.

### Placenta Preparation

Once I intercept the placenta, it will be prepared in my home, on clean/sanitized surfaces using only sterile materials and equipment. However, no chance of cross-contamination can be guaranteed. Placentas are prepared one at a time, and it is guaranteed that the client will receive only capsules that contain her placenta, no one else's!

### Hospital Delivery

It is the client's responsibility to discuss release of the placenta with the Labor and Delivery medical staff ahead of time and to sign the release form. It is also the client's responsibility to ensure proper storage of placenta on ice until pick up. The container/bag should be placed on ice (ask medical staff for ice) and kept in room until it is picked up.

Depending on the time of delivery and your birth location's policy, I can usually pick up the placenta within 2 hours after delivery. If I happen to be at a birth and cannot get to the placenta within 2 hours after delivery, I will ask you to have a friend or family member take the placenta to your home and place it in the freezer until I can come pick it up. In the event that the hospital would like the "biohazard" organ to be removed from the hospital ASAP, and I cannot get there right away, client should have a cooler in which they can keep in their car with the placenta on ice until I am able to retrieve it. Placentas can stay on ice for up to 8 hours and will be refrigerated immediately after pick up.

### Home of Birth Center Delivery

Midwife will bag up placenta and refrigerate until encapsulator picks it up. If delivery is between 10pm and 8am, the placenta will be picked up after 8am. Please send a text immediately after delivery and time for pick up will be coordinated. Pick up hours are between 8am and 10pm only.

Regardless of birth location, the following are examples of situations in which your placenta cannot be encapsulated:

- If your placenta has been taken to pathology, even if you are told that it was not treated with any



chemicals

- If the placenta leaves the client's room at any time
- If the placenta is not stored properly and smells foul
- If an infection called chorioamnionitis is present

Encapsulation Encapsulation Package Includes:

- Pick up of placenta after delivery
- Placenta preparation and encapsulation (steaming, dehydrating and encapsulating)
- Proper storage container for the placenta pills
- Instructional card for proper storage and suggested dosage of capsules and tincture (if applicable)
- Delivery of placenta package to birth location or client's home within 48-72 hours of delivery
- Umbilical cord keepsake (if cord is long enough and allows)

Placenta Encapsulation + Tincture Package Includes:

- All items above plus the raw placenta tincture in a glass dropper bottle

**Tincture Option unavailable for client's who test positive for GBS. If you have already paid your \$200 deposit at the time of signing and you find out later that you are GBS+, a refund will not be given.**

#### Fees

- Placenta Capsule Package: \$300.00- \$200 deposit due at time of contract signing
- Placenta Capsule + Tincture: \$350.00- \$200 deposit due at time of contract signing

The non-refundable deposit of \$200 is due by 38 weeks of pregnancy or 2 weeks prior to a scheduled cesarean birth. The remaining balance for your package is due in full when pills are dropped off 48-72 hours after delivery and should be paid either in cash or by using Paypal/Venmo. Payments can be sent to my phone number 310-616-6091 or my email address, [mamiamorbirth@gmail.com](mailto:mamiamorbirth@gmail.com). The deposit reserves my time from the day I receive it, and allows me to put myself into an "on call" status for all other personal events from the time you are 38 weeks pregnant until you give birth. The only time in which I am unable to pick up your placenta is in the event I am at a birth.

#### Refund Policy

Refunds will not be given under any circumstances except in the event that there are true 3rd stage complications (delivery of the placenta) in which the placenta is not released from the birth location. In this case only 50% of the deposit will be refunded to the client.

**Total Package Fee: \$\_\_\_\_\_**

**Total Deposit Paid at Time of Signing: \$\_\_\_\_\_**

**Total Amount Due at the time of drop off (remainder of Total Package Fee): \$\_\_\_\_\_**

**I/We have read and understand this contract describing the placenta encapsulation services by Ma Mi Amor Birth. I agree to pay the above amounts within their respective timeframes as indicated by the agreement above. By signing this contract I am confirming that I understand that I will ingest my placenta pills at my own risk. I understand that my placenta pills are not regulated by the FDA. I understand that my placenta encapsulation specialist will not be held responsible for any reactions to the placenta pills.**

\_\_\_\_\_  
Print Name / Date

\_\_\_\_\_  
Signature

Ma Mi Amor Birth  
[mamiamorbirth@gmail.com](mailto:mamiamorbirth@gmail.com)  
[www.mamiamorbirth.com](http://www.mamiamorbirth.com)  
310.616.6091