



DANELLIA ARECHIGA

*Foundress, Ma Mi Amor Birth
Full Spectrum Birth Worker & Artist*

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ABOUT ME

I hold close to my heart the stories and wisdom of my grandmother and my great grandmothers who were the women who helped other birthing folks before the medical industry took that away from us. I call in my guides and ancestors who led me into this work as I remind birthing folks of their innate wisdom and strength throughout their pregnancy, birth, and postpartum journey. Through my offerings as a birth doula, childbirth educator, postpartum support, support group facilitation, and public speaking, I help parents return to their true selves through education, advocacy, and intergenerational healing for a better world.



60+
FAMILIES
SERVED

1,800
SOCIAL MEDIA
FOLLOWERS

200
NEWSLETTER
SUBSCRIBERS

My influence

Having grown up around so many women, birth was not a foreign event to me in my youth. Birth work first called out to me when I was 14 years old when my nephew Jonathan was born 18 years ago. I felt called to be with my birthing sister and silently hold space. Birth work eventually overwhelmingly made it's presence known in my life when I was 21 years old, after giving birth to my daughter Corrie-Rai. I took a doula training in 2012 and that same year I was invited by a local midwife to attend my first birth. That's when I completely fell in love with the art of supporting the laboring person. Overtime I have learned my own way of practicing labor and birth support. I acknowledge my ability to connect with my clients at a higher level of consciousness by observing each person I work with and intuitively help them exercise their own best coping methods throughout labor, birth, and parenthood.



AUDIENCE

WHO I AM HERE TO SERVE?

I am here to serve the BIQPOC community exclusively because we are underrepresented and often do not have the privileges of accessing the same quality services that white people do. I enjoy working with people who want to learn how to learn and honor holistic and ancestral ways and integrate them into their modern lives. My ideal client is a person who is not looking for a healer to solve all of their problems but who wants to learn from other experienced healers how to harness their own gifts and promote their own healing.



OFFERINGS

WHAT IS MY MEDICINE?

Throughout my nearly 10 years of study and practice, I have expanded to offer the following to my community:

- birth doula services
- in-person and online childbirth education classes
- traditional postpartum in-home care
- placenta encapsulation
- placenta encapsulation trainings for birth workers
- birth doula mentorship
- meditation, massage, and music
- Holistic newborn care: Babywearing, cloth diapering, etc.

All while integrating my love for music and the arts into this sacred work.



MY PRAYER

What I want for my community

I look forward to the day that birthing people and their support team embrace this sacred rite of passage rather than fear it. I look forward to the day that we reclaim autonomy over our bodies and everything we do or do not do with them.

I look forward to raising a young woman who thinks for herself and is unafraid to be her true self.

I look forward to the day that I get to see my abuela again and thank her for guiding me in this work.

